

# RECREATION GUIDE *WINTER 2025*



Find us on Facebook  
and Instagram!



# Civic Awards



Nominate a group or individual from your community for one of the following awards:

- Wedding Anniversary (50th, 60th, 70th)
- Freedom of the Municipality (Peachland resident who has reached their 100th birthday or resided in Peachland for 75 years)
- Excellence Awards
- Unsung Hero
- Lifetime Service
- Youth Citizen of the Year
- Citizen of the Year

• **Nomination Deadline: March 2 at 12:00 pm.**

**Criteria and nomination forms available at the Community Centre and [www.peachland.ca/civic-awards](http://www.peachland.ca/civic-awards). For more information, please call 250.767.2133.**

• **Selections will be based on the nominees' achievements and contributions for the year of 2024.**



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**Gift Certificates and fitness/sports punchcards are available for purchase in all denominations.**

### Message from the Mayor:

Dear Residents,

As the frosty embrace of winter settles upon our beautiful community, I am filled with excitement and gratitude. This season offers us a chance to marvel at the breathtaking beauty of snow-draped landscapes and an opportunity to come together and make cherished memories.

Our Winter Recreation Guide is your key to exploring our town’s myriad welcoming indoor programs and activities. Whether you’re looking to play some pickleball, enjoy a spin or yoga class, discover a new passion at one of our workshops, or gather with neighbours for festive events, there is something for everyone to enjoy.

Winter is a time of connection and resilience. Let us embrace it fully, supporting one another and fostering the spirit of community that makes our town so unique. I encourage you to take advantage of the opportunities highlighted in this guide to stay active, engaged, and joyful.

Wishing you a season filled with warmth, laughter, and adventure.

**Sincerely,  
Patrick Van Minsel, Mayor**

## Arts and Culture

### Kids & Parents Clay Class

A class where parents, with their children, can build a clay creation of their imagination. 2lbs of clay and glazes will be provided. Both the child and parent must register.

5 years+	Banquet Rm	Nancy			
Sun	1:00-2:30 PM	Jan 19	#6292	\$30/	person

### Paint on Pottery

A class for children to come and paint on a premade piece of pottery, with food safe glazes, to create the perfect Valentine's Day gift.

6-13 years	Banquet Rm	Nancy			
Sun	1:00-2:30 PM	Jan 26	#6293	\$25	

### Learn to Make Pottery – Animal Sculpture

Whether it is an animal that lives in your house or in your imagination, this class is to learn some basic fundamentals of sculpture and working with clay.

6-13 years	Banquet Rm	Nancy			
Sun	1:00-2:30 PM	Apr 6-13	#6291	\$45	

### Movement & Dance

This lively and imaginative dance class is designed to introduce young children to the joy of movement, rhythm and self-expression. Each class features a variety of activities, including basic stretching, movement exercises and choreography. No prior experience required. Comfortable clothing and bare feet or dance shoes recommended. No session February 16 or April 20.

3-5 years	Stage	Chloe			
Sun	12:00-12:45 PM	Jan 12-Mar 9	#6312	\$32	
Sun	12:00-12:45 PM	Mar 30-May 11	#6313	\$24	

### Intro to Ballet

This fun, introductory ballet class, introduces young children to the basics of dance in a playful and supportive environment. Through simple ballet movements, songs, and imaginative exercises, children will develop coordination and balance, while learning to follow directions and build confidence. No prior experience required. Comfortable clothing or ballet uniform, bare feet or dance shoes recommended. No session February 16 or April 20.

3-5 years	Stage	Chloe			
Sun	1:00-1:45 PM	Jan 12-Mar 9	#6314	\$32	
Sun	1:00-1:45 PM	Mar 30-May 11	#6315	\$24	

## Beginner Ballet

These classes help to stretch and strengthen the dancers while learning open exercises at the barre and on the floor. Exercises include ballet technique to allow the students to focus on ballet vocabulary and musicality. Dancers will learn a combination of choreography which helps to provide self-confidence as well as learning discipline. No prior experience required. Comfortable clothing or ballet uniform, bare feet or dance shoes recommended. No session February 16 or April 20.

6-8 years	Stage	Chloe			
Sun	2:00-2:55 PM	Jan 12-Mar 9	#6316	\$40	
Sun	2:00-2:55 PM	Mar 30-May 11	#6317	\$30	

## Jazz

A fast paced and energized class with popular music. It includes stretching, strengthening, across the floor exercises and choreography. Students will learn the basics of Jazz techniques including jumps, turns and combinations in a fun and artistic environment. No prior experience required. Comfortable clothing and bare feet or dance shoes recommended. No session February 16 or April 20.

9-12 years	Stage	Chloe			
Sun	3:00-3:55 PM	Jan 12-Mar 9	#6318	\$40	
Sun	3:00-3:55 PM	Mar 30-May 11	#6319	\$30	

## General Interest

### Babysitter Training

Gain the skills needed to look after children and earn your babysitting certificate. Participants will learn about a range of topics including nutrition, safety and basic first aid, child development, how to deal with behavioural problems and more. Each student will receive a Canada Safety Council Manual and wall/wallet certificate.

10 years+	Council Chambers	Margaret			
Sun	9:00 AM-2:00 PM	Jan 26	#6304	\$70	

### Home Alone

Prepare your children with the knowledge they need to stay home alone. Participants will learn skills including home safety rules, basic first aid, what to do in an emergency, stranger danger, safety to and from school and more. Each student will receive a Canada Safety Council manual and wall certificate.

9 years+	Council Chambers	Margaret			
Sun	9:00 AM-12:00 PM	Jan 26	#6303	\$50	

## Creative Playtime

*In Partnership with The Bridge Youth and Family Services*

Children will experience play and social interactions and you, the caregiver, get an opportunity to meet other families and add some strategies to your parenting toolbox. Refer to the monthly calendar at [www.thebridgeservices.ca](http://www.thebridgeservices.ca) for any closures or cancellations. Be sure to also check for last minute changes. No session February 14, March 7 or April 18.

<i>Birth-6 years</i>	<i>Main Rm</i>	<i>Jen</i>		
<i>Fri</i>	<i>10:00 AM-12:00 PM</i>	<i>Jan 10-Apr 25</i>		<i>FREE</i>

## Sports

### Mini Batters T-Ball

Foster a love for baseball through fun drills and games that teach the basics of the sport. In a team environment, your child will learn to swing a bat, throw and catch a ball and run bases. No session February 17 or April 21.

<i>4-6 years</i>	<i>Main Rm</i>	<i>Randey</i>		
<i>Mon</i>	<i>5:15-6:00 PM</i>	<i>Jan 13-Feb 24</i>	<i>#6240</i>	<i>\$18</i>
<i>Mon</i>	<i>5:15-6:00 PM</i>	<i>Apr 7-May 12</i>	<i>#6241</i>	<i>\$15</i>



## Baseball Fundamentals:

### Pitching, Fielding and Hitting

Build a strong foundation for a lifetime of sport. Your child will practice a variety of drills to help them improve their pitching, fielding and hitting skills. Drop-in permitted when space is available for \$3 per session. No session February 17 or April 21.

<i>7-9 years</i>	<i>Main Rm</i>	<i>Randey</i>		
<i>Mon</i>	<i>6:00-7:00 PM</i>	<i>Jan 13-Feb 24</i>	<i>#6242</i>	<i>\$18</i>
<i>Mon</i>	<i>6:00-7:00 PM</i>	<i>Apr 7-May 12</i>	<i>#6243</i>	<i>\$15</i>

### Mini Kickers Soccer

Foster a love for soccer through fun drills and games that teach the basics of the sport. In a team environment, your child will learn to dribble, pass and shoot a soccer ball.

<i>4-6 years</i>	<i>Main Rm</i>	<i>Randey</i>		
<i>Wed</i>	<i>5:15-6:00 PM</i>	<i>Jan 15-Feb 19</i>	<i>#6244</i>	<i>\$18</i>
<i>Wed</i>	<i>5:15-6:00 PM</i>	<i>Apr 9-May 14</i>	<i>#6245</i>	<i>\$18</i>

## Soccer Fundamentals:

### Dribbling, Passing and Shooting

Build a strong foundation for a lifetime of sport. Your child will practice a variety of drills to help them improve their dribbling, passing and shooting skills. Drop-in permitted when space is available for \$3 per session.

<i>7-9 years</i>	<i>Main Rm</i>	<i>Randey</i>		
<i>Wed</i>	<i>6:00-7:00 PM</i>	<i>Jan 15-Feb 19</i>	<i>#6246</i>	<i>\$18</i>
<i>Wed</i>	<i>6:00-7:00 PM</i>	<i>Apr 9-May 14</i>	<i>#6247</i>	<i>\$18</i>

**CHILDREN**

**PEACHLAND**  
ON THE BAY

# FREE FAMILY DAY MOVIE & FUN

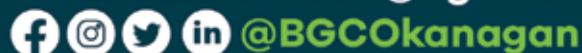
BIG SCREEN MOVIE • GAMES • GOODIES • FACE PAINTING AND MORE!

MONDAY, FEBRUARY 17, 2025 • 1-3PM  
PEACHLAND COMMUNITY CENTRE

For more information call  
**250-767-2133**



**Peachland**  
**5684 Beach Ave.**  
**Tel: (250) 767-2515**  
**Fax: (250) 767-6288**  
**Email: Kelowna@bgco.ca**



**REGISTER AT:**  
**www.bgco.ca**

BGC Okanagan is a leading provider of programs to children, youth and families. Since 1959, our programs and services support the healthy physical, educational and social development of individuals. We have 41 service locations based in 16 communities throughout the Okanagan Valley. As a member of BGC Canada, BGC Okanagan helps young people grow healthy, happy and safely from birth to adulthood and are a resource and support for parents throughout their family's involvement with us. We provide systemic opportunity to all children and youth. We help them become their best selves. We cheer them on as they take it from there, with confidence and conviction. All they need is opportunity because "Opportunity Changes Everything."

## EARLY CHILDHOOD PROGRAMS

### **Peachland Preschool**

Our preschool provides children with a place where they will be encouraged to explore, learn, and grow in a stimulating and fun environment. Preschoolers develop and practice social and language skills, co-operative play, independent thinking and an awareness of self. For those who qualify, we offer tuition sponsorships.

**Ages & Days:** 3 and 4 year olds

**Location:** 5486 Clements Crescent

**Time:** Mon/Wed/Fri 8:45 a.m. to 12:15 p.m.

**Register by email:** Kelowna@bgco.ca

### **Family-Tot Playtime**

**FREE:** Our Family-Tot Playtime offers a variety of activities for you and your child to explore, create, imagine and play. During this time meet other moms, dads, and grandparents. Activities may include a craft, gym time, circle time with stories and songs and best of all, many toys to play with. No session on Feb. 19 (Family Day).

**Ages:** 0-5 years old

**Location:** Peachland

**Day/Time:** Mondays from 9:30 a.m. to 1 p.m.

**Email** familyresource@bgco.ca for info



## AFTER SCHOOL CLUB (GRADES K-5)

The After School Program takes place at BGC Okanagan in Peachland (5684 Beach Ave.) from 2:30-6:30 p.m. for children in Kindergarten to Grade 5. Our programs are designed to provide a safe, nurturing, inclusive environment where children will be engaged in activities including creative arts, sports, personal growth and skills development. Transportation is provided from Peachland Elementary and a nutritious snack is served daily. Programs are also available on professional days and school breaks. **\*Pre-registration required\* Contact Kelowna@bgco.ca for registration.**



In partnership with the District of Peachland and the United Way.  
We are proud to be a part of the Peachland Historic School.



## T.G.I.F

Start your weekend off right! Join us for dinner and fun. Movie and game nights, crafts, steam-themed activities, and other fun events. Dinner provided. Program runs bi-weekly and takes place at the Peachland Club (5684 Beach Ave.)

**Fridays**

**Jan 10, Feb 7, March 7**

**Time: 6 – 8 p.m.**

**\$10/session**

## School's Out

**(Presented by United Way)**

Thanks to United Way, BGC Okanagan runs this program three times a week out of Peachland Elementary School's gym (5486 Clements Cres.). This program is geared towards providing school-aged children with access to safe spaces where they can get the mental wellness and development support they need. We will provide a healthy snack along with physical activity and development, activities and crafts, homework help, mentoring, social and emotional support.

**Mon/Wed/Fri**

**Jan 6 - March 14**

**Time: 2:30 - 5 p.m.**

**FREE - Online registration required at [bgco.ca](http://bgco.ca)**

## Ages 7-12

## Elements Club

Excited to explore STEM activities? Join us at the Peachland Club to explore all the elements of Earth and the STEM aspects of each. From science experiments, coding, natural sciences to applying math concepts, the activities will be endless.

**Wednesdays**

**Jan 8 to March 12**

**Time: 6-8 p.m.**

**Cost: FREE! Registration required**

## Saturday Excursions

Ahoy and off we go! Try out fun attractions across the Okanagan.

**Saturdays**

**Jan 18, Feb 1 & 15, March 1 & 15**

**Time: 12:30 p.m. - 3 p.m.**

**Cost: \$15/session**

## Ages 7-12

## Spring Break Full Day Programs

## Grades K-6

Our Spring Break full day programs offer fun outings to outdoor attractions! Children will participate in group games, creative arts, sports and messy science experiments. [BGCO.ca](http://BGCO.ca) for more.

**Mon-Fri**

**March 17-21 & March 24-28**



## JOIN US FOR THE ANNUAL EASTER EGG HUNT

**SATURDAY, APRIL 19**

**COUSINS PARK, 11:30 am to 12:30 p.m.**



# YOUTH SERVICES & PROGRAMS

Visit on Facebook [BGC Okanagan Youth](https://www.facebook.com/BGCOyouth) or Instagram [@BGCOyouth](https://www.instagram.com/BGCOyouth)

## Opportunities for Teens

Looking to gain volunteer or leadership experience? We have opportunities to volunteer in our programs and at special events. Contact us at [leadup@bgco.ca](mailto:leadup@bgco.ca) for more information.

## Reconnect

Counsellors work with both the youth and their families. Supports available are adaptable; occur one-to-one, in a group and by referral; onsite and in the community. This is an excellent program to support families in crisis, it is equally important to refer families who haven't had a breakdown yet, but are at risk.

For more information **contact: 778-214-4131**

## Restorative Justice

This program is an approach that seeks to repair harm caused by a youth's actions, through reconciliation with the person harmed and others affected. The youth must take responsibility for their actions and voluntarily agree to participate in the program. The program also offers Peace Circle - a process that incorporates youth, families and their supports, to come together to address conflict, miscommunications, trauma and harm that the family and community may be experiencing. For more information **contact: 250-868-8541 ext. 206, or [Restorativejustice@bgco.ca](mailto:Restorativejustice@bgco.ca).**

## Arts and Culture

### ❄️ Learn to Make Pottery - Patio Lantern

Luminaries or Lanterns are a beautiful way to enhance décor inside and out. Pottery techniques of slab building, carving and using ceramic transfers will help you to create a one-of-a-kind piece for your table inside or out. Participants will craft their lantern from clay with support and supervision from Nancy. On the second week they will return to glaze their fired pieces using pottery glazes. No previous experience required.

14 years+	Banquet Rm	Nancy		
Mon	1:00-3:30 PM	Feb 3-Feb 10	#6294	\$65

### ❄️ Learn to Make Pottery - Personalized Mug

Make your own mug and coaster. Participants will craft their own mug from clay using a variety of tools and make a matching coaster or spoon rest. On the second week they will return to glaze their fired pieces using pottery glazes. No previous experience required.

14 years+	Banquet Rm	Nancy		
Sun	1:00-3:00 PM	Feb 23-Mar 2	#6295	\$50

### ❄️ Paint on Pottery

For those who love the painterly part of pottery this is the class for you! One session with premade pottery pieces, a mug or a bowl. All pieces will be fired to be food safe and returned within two weeks. No previous experience required.

14 years+	Banquet Rm	Nancy		
Sun	1:00-2:30 PM	Mar 9	#6296	\$25

### ❄️ Learn to Make Pottery - Birdhouse Feeder

Add some handmade touches to your deck or back yard with your own hand made bird feeder. Using slab technique and simple tools you can create a winter resort for the birds in your area. Participants will craft their birdhouse or feeder from clay using a variety of tools. No previous experience required.

14 years+	Banquet Rm	Nancy		
Mon	1:00-3:00 PM	Mar 24-31	#6297	\$85

### ❄️ Learn to Make Pottery - Anything You Want

Each class member will have a block of clay and from there, the sky is the limit. It could be a mug, a sculptured animal, a tiny house or wind chimes. Nancy will bring everything to the class, and you bring your ideas. Week one will be for building and week two for glazing your creations. All pieces are food safe and dishwasher safe after firing. No previous experience required.

14 years+	Banquet Rm	Nancy		
Mon	1:00-3:00 PM	Apr 7-14	#6298	\$45

### ❄️ Learn to Speak Spanish for Beginners

Challenge yourself and learn a new language, expand your linguistic capabilities, or prepare for your next vacation to a Spanish speaking country! You will learn vocabulary for everyday activities and basic Spanish grammar. Students will explore simple topics including introducing yourself, ordering at a restaurant, asking for directions and more.

14 years+	Banquet Rm	Liz		
Thu	4:00-5:30PM	Mar 6-Apr 24	#6305	\$84

### Fiesta of Flavours - Mexican Cooking Class

Join us for a culinary adventure celebrating the vibrant and rich flavors of Mexican cuisine! In this fun and interactive series, you'll learn to create delicious Mexican dishes from scratch. Each week, we'll explore different aspects of Mexican cooking, from savory staples to sweet treats, all made with fresh, wholesome ingredients. Each session will feature a different theme.

18 years+	Kitchen	Liz		
<i>Chiles Rellenos (Stuffed peppers), Mexican rice.</i>				
Sat	11:00AM - 1:00PM	Mar 8	#6306	\$30
<i>Mexican Gorditas with simple fillings, Soup of Poblano pepper.</i>				
Sat	11:00AM-1:00PM	Apr 5	#6307	\$30

### Tai Chi for Wellness

*In partnership with the Peachland Wellness Centre*

Perform slow, gentle, continuous moves that help develop stronger muscles, better balance and concentration. You will reconnect with your mind, body and spirit as well as strengthen your muscles, loosen your joints and fight stress. Beginners and newcomers are welcome. Contact the Peachland Wellness Centre for more details, 250.767.0141.

All Ages	Peachland Wellness Centre		
Wed	10:00-11:30 AM	Jan - April	

**RECEIVE  
10% OFF**  
when you enroll  
in 2 or more  
select activities



## Fitness

Pre-register for fitness classes to secure your seat

### ❄️ Indoor Walking

Avoid slipping and falling while walking outdoors and meet some new exercise partners. No session February 14, 17 or April 18 and 21.

14 years+	Main Rm			
M/W/F	8:00-9:00 AM	Jan 6-Apr 30	#6239	\$10

### ❄️ Spin, Weights, Core & More

Accelerate your fitness in this full body workout class. Each session will be comprised of 30-40 minutes of spin followed by upper body work and core strength training. This is a small group cycle with excellent drills and upbeat music to motivate you to sweat and improve your overall fitness level. Space is limited. Bring a towel, water bottle and proper runners. No class February 17 or April 21.

14 years+	Stage	Carla		
Mon	9:30-10:45 AM	Jan 6-Feb 24	#6252	\$77
Mon	9:30-10:45 AM	Mar 10-Apr 28	#6253	\$77

### ❄️ Strength & Stretch

This class will start with a 10-minute cardio warm up on the spin bike to get your heart pumping, followed by full body resistance and weight training using balance, core and band equipment to increase strength, range of motion and muscle mass. It will conclude with a relaxing stretch and cool down. Bring a towel, water bottle and proper runners. No session February 17 or April 21.

14 years+	Stage	Carla		
Mon	11:15 AM-12:15 PM	Jan 6-Feb 24	#6258	\$63
Mon	11:15 AM-12:15 PM	Mar 10-Apr 28	#6259	\$63
Wed	11:15 AM-12:15 PM	Jan 15-Feb 26	#6256	\$63
Wed	11:15 AM-12:15 PM	Mar 5-Apr 30	#6257	\$81

### ❄️ Spin, Core & Stretch

Burn calories, build strength and pedal your way to an improved fitness level with spin drills, core stability exercises and a stretch to round out your sweat session. Bring a towel, water bottle and proper runners. No session February 17 or April 21.

14 years+	Stage	Frances		
Mon	6:30-7:30 PM	Jan 6-Feb 24	#6254	\$63
Mon	6:30-7:30 PM	Mar 10-Apr 28	#6255	\$63

### ❄️ Zumba

Blend world upbeat rhythms with easy-to-follow choreography for a total body workout. You will learn dance routines that combine interval & resistance training to tone and burn fat, all with a Latin flavour! Please bring comfortable gym or dance shoes & bottled water. No session April 21.

14 years+	Banquet Room	Maya		
Mon	6:30-7:30 PM	Mar 3-Apr 28	#6290	\$72

### ❄️ Learn to Weight Train

Are you new to lifting weights, or just getting back into routine? No problem, join Carla in this 4-week beginner weight training class. Carla will teach you proper form and range of motion, through resistance training, core and stretching. Please bring a water bottle and clean running shoes.

14 years+	Stage	Carla		
Tue	12:00-1:00 PM	Feb 4-Feb 25	#6309	\$88

### ❄️ Functional Fitness

Experience a dynamic full body workout class! Warm up on the bike for 15 minutes, followed by weight training, and multi functional exercises for lower body, upper body and the core. This class will build endurance, and strengthen and tone the muscles. Each session will conclude with a stretch and cool down. Bring a towel, water bottle and proper runners.

14 years+	Stage	Carla		
Wed	9:30-10:45 AM	Jan 15 - Feb 26	#6250	\$77
Wed	9:30-10:45 AM	Mar 5-Apr 30	#6251	\$90

# FITNESS ROOM

14 years and over Start an exercise routine for a healthy lifestyle.

Visit the Community Centre office for a tour of the space and start your fitness journey.

## WINTER HOURS:

Jan 1-April 30 - Mon-Sun 5:00 am-10:00 pm

\*Please note - No winter maintenance outside of Community Centre operating hours.

\*Washroom access during office closures is at Swim Bay. See p. 30 for office hours.

## ADMISSION RATES:

\*Drop-in available only during Community Centre operating hours.

See p. 30 for office hours.

**\$6.25/drop-in • \$33.50/month • \$73.75/3 months  
\$134.00/6 months • \$241.25/12 months**

\*Fees are subject to change due to new 2025 fitness room fee schedule.



ADULT

## Yoga

### ❄️ Flow Yoga

Increase energy, strength and flexibility with strong flow sequences, deep stretches and a focus on breath awareness to open the body. Variations offered to explore longer posture holds and pranayama (breath work) to expand and challenge your practice. No session Jan 17, 28, February 14, March 28 or April 18.

14 years+	Banquet Rm	Tessa		
Tue	9:00-10:00 AM	Jan 7-Feb 25	#6260	\$63
Tue	9:00-10:00 AM	Mar 4-Apr 29	#6261	\$81
Fri	9:00-10:00 AM	Jan 3-Feb 28	#6262	\$81
Fri	9:00-10:00 AM	Mar 14-Apr 25	#6263	\$45

### ❄️ Remedy Yoga Therapy Level 1

Weave ancient wisdom of Yoga therapy and Ayurveda. You will begin with pranayama and four directions of the spine followed by a gentle transitional flow into self massage. No session January 17, February 14, March 28 or April 18.

14 years+	Banquet Rm	Dawn		
Fri	10:30-11:45 AM	Jan 3-Feb 28	#6264	\$108
Fri	10:30-11:45 AM	Mar 14-Apr 25	#6265	\$60

### ❄️ Remedy Yoga Therapy Level 2

Weave ancient wisdom of Yoga therapy and Ayurveda. You will begin with pranayama and four directions of the spine then an active flow into standing practice. Strength, coordination and balance will be emphasized. Classes end with a self massage. Pre-requisite Level 1. No session January 28.

14 years+	Banquet Rm	Dawn		
Tue	10:30-11:45 AM	Jan 7-Feb 25	#6266	\$96
Tue	10:30-11:45 AM	Mar 4-Apr 29	#6267	\$108

### ❄️ Therapeutic Yoga

Balance your body and mind through movement, mindfulness, relaxation and breathing exercises. Join Dawn, a C-IAYT yoga therapist, for this transforming 6-week series. Along with learning about anatomy and physiology, you will learn appropriate breathing styles, and the use of unique modalities and self massage techniques for improved health. Each week will focus on a themed class and will include a takeaway home program to follow. Themed classes are back care; hips and knees; shoulders and wrists; tensegrity and fascia; pelvic floor health; and balance and fall prevention. No session January 28.

14 years+	Banquet Rm	Dawn		
Tue	12:00-1:15 PM	Jan 14-Feb 25	#6268	\$72
Tue	12:00-1:15 PM	Mar 4-Apr 8	#6269	\$72

### ❄️ Yoga for Pickleball

Join Dawn, a C-IAYT yoga therapist, in this sports specific Yoga Therapy program. The focus will be on injury prevention and recovery based on most recent medical research. Never tried Yoga? Have no fear, Dawn has been leading sports specific classes for over 30 years and teaches with an anatomy and physiology lens. You'll learn about bone density, strength, fascia hydration, 4 core, breath techniques & fall prevention as well as the common injuries that occur and can be avoided. No session January 17, February 14, March 28 or April 18.

14 years+	Banquet Rm	Dawn		
Fri	12:00-1:15 PM	Jan 10-Feb 28	#6272	\$96
Fri	12:00-1:15 PM	Mar 7-Apr 25	#6273	\$60

### ❄️ Yoga and Beyond

Go beyond the poses with certified yoga instructor, Deb Maxwell. Traditional body postures, stretching and movement along with the mindfulness of kundalini yoga. In these 8 sessions, Deb will use enlivening exercises, uplifting breathwork, and the incredible magic of mantra and meditation to explore our inner vitality. This is yoga for anybody and anyBODY, no previous experience with yoga or meditation is necessary.

14 years+	Banquet Rm	Deb		
Wed	5:15-6:15 PM	Jan 8-Mar 5	#6277	\$72
Wed	5:15-6:15 PM	Mar 12-Apr 30	#6278	\$72
Wed	6:30-7:30 PM	Jan 8-Mar 5	#6279	\$72
Wed	6:30-7:30 PM	Mar 12-Apr 30	#6280	\$72

### ❄️ Yoga for your Back

Release built-up tensions in your spine to regain fuller freedom of movement. You will perform a gentle, slow and uniquely rigorous practice incorporating breathwork and props to reduce pain and stiffness in your low back, neck and shoulders. Gentle stretching and posture alignment will be featured to increase range of motion, strength, mobility and long-term back health. No yoga experience is necessary. Please bring two 28x54 inch bath towels to class.

14 years+	Banquet Rm	Janet		
Tue	3:15-4:30 PM	Feb 4-Mar 18	#6270	\$77
Tue	3:15-4:30 PM	Mar 25-Apr 29	#6271	\$66
14 years+	Council Chambers	Janet		
Thu	9:30-10:45 AM	Feb 6-Mar 20	#6274	\$77
Thu	9:30-10:45 AM	Mar 27-Apr 24	#6275	\$55

### ❄️ Yoga for your Back: Level 2

Focus your yoga practice with a deep exploration of healthy back mobility. You will learn advanced techniques and use specialized props to build on the progress made in the first level. Prerequisite: Participants must have taken the standard Yoga for your Back class prior to enrollment. Please bring two 28x54 inch bath towels to class.

14 years+	Banquet Rm	Janet		
Mon	1:00-3:00 PM	Mar 3-Mar 10	#6276	\$60

Drop-in to fitness classes where space is available

## Sport

\*Sport sessions that coincide with classes on the stage.

### Volleyball

Enjoy some friendly competition and exercise with friends. All abilities welcome. Drop-in as space is available. No session February 17, March 3 or April 21.

14 years+	Main Rm			
*Mon	7:00-8:15 PM	Jan 13-Apr 28	6249#	\$55.25
Thu	5:00-6:15 PM	Jan 9-Apr 24	6248#	\$68

### Pickleball

Meet new friends and have fun playing the fastest growing sport in North America. No session February 14, 16, 17, March 3, 4 April 18, 20 and 21.

14 years+	Main Rm			
<b>1.0-2.5</b>				
*Mon	11:00 AM-1:00 PM	Jan 6-Apr 28	#6218	\$59.50
Mon	1:00-3:00 PM	Jan 6-Apr 28	#6219	\$59.50
*Wed	9:05-11:00 AM	Jan 8-Apr 30	#6220	\$72.25
<b>2.5-3.5</b>				
*Sun	12:00 PM-2:00 PM	Jan 5-Apr 27	#6221	\$63.75
<b>3.0-3.5</b>				
*Mon	9:05-11:00 AM	Jan 6-Apr 28	#6223	\$59.50
Wed	1:00-2:55 PM	Jan 8-Apr 30	#6224	\$72.25
Fri	1:00-3:00 PM	Jan 10-Apr 25	#6225	\$59.50
<b>3.5</b>				
Thu	10:30 AM-12:30 PM	Jan 9-Apr 24	#6226	\$68
<b>3.75+</b>				
Tue	1:00-3:00 PM	Jan 7-Apr 29	#6227	\$68
Wed	7:15-9:00 PM	Jan 8-Apr 30	#6230	\$72.25
Thu	1:00-3:00 PM	Jan 9-Apr 24	#6228	\$68
*Sun	2:00-4:00 PM	Jan 5-Apr 27	#6229	\$63.75

### Pickleball Clinics

Learn the rules of the game and experience hands on skill development. Wear clean outdoor tennis shoes; runners are not recommended. Preregistration required.

14 years+	Main Rm	Roberta		
<b>Learn to Play</b>				
Wed	4:00-5:00 PM	Jan 8-Jan 29	#6281	\$88
Wed	4:00-5:00 PM	Mar 5-Mar 26	#6282	\$88
<b>Novice</b>				
Wed	4:00-5:00 PM	Feb 5-Feb 26	#6283	\$88
Wed	4:00-5:00 PM	Apr 2-Apr 23	#6284	\$88

### Drop-In Only

No session February 14 and April 18

<b>All Play</b> <i>\$5.25/drop-in or \$47.25/10 pass</i>				
Thu	6:30-8:15 PM	Jan 9-Apr 24	#6217	
Fri	3:00-4:45 PM	Jan 10-Apr 25	#6216	
<b>3.0+</b>				
*Wed	11:00 AM-1:00 PM	Jan 8-Apr 30	#6222	

### Pickleball Drills and Play

Strengthen your skills by working together with similarly rated players. In a 4-5 player group, you will practice various drills and receive coaching by a 5.0 rated player followed by one-hour of play with your group. Wear clean outdoor tennis shoes; runners are not recommended. Prerequisite: Novice Pickleball Clinic.

14 years+	Main Rm	Roberta		
<b>2.0-3.0</b>				
Tue	10:30 AM-12:30 PM	Jan 7-Jan 28	#6231	\$72
Tue	10:30 AM-12:30 PM	Feb 4-Feb 25	#6232	\$72
Tue	10:30 AM-12:30 PM	Mar 11-Apr 1	#6233	\$72
Tue	10:30 AM-12:30 PM	Apr 8-Apr 29	#6234	\$72
<b>3.0+</b>				
Tue	10:30 AM-12:30 PM	Jan 7-Jan 28	#6235	\$72
Tue	10:30 AM-12:30 PM	Feb 4-Feb 25	#6236	\$72
Tue	10:30 AM-12:30 PM	Mar 11-Apr 1	#6237	\$72
Tue	10:30 AM-12:30 PM	Apr 8-Apr 29	#6238	\$72

## Peachland Recreation Pickleball

Welcome to Peachland Pickleball. Peachland Recreation strives to provide a variety of recreational and competitive play opportunities to Peachland residents and guests. Please choose a rating below best suited for you. Ranking is based on IFP Rating system. A brief description is below; however, for a detailed description, please see the recreation staff.

#### Rating 1.0-2.5

- Minimal to no knowledge of the game
- Can sustain short rally with player of equal ability
- Some knowledge of court positions
- Developing basic shots (forehand, backhand, volley, overhead and serve)

#### Rating 3.0-3.5

- Consistent on serve and service return for medium and faster paced balls
- Improved skills with basic shots and developing shot placement skills including direction and depth control
- Beginning to anticipate opponent's shot and attempt lob and dinks with some success
- Comfortable with aggressive net play

#### Rating 3.75+

- Aggressive play and teamwork in doubles
- Consistent and dependable strokes including directional control and depth on both forehand and backhand shots
- Reliable serves, lobs, overheads, approach shots and volleys and can use a spin shot with some success
- Anticipates a shot and regularly can hit a winning shot
- Forces an opponent into making errors

# REGISTER NOW

Registration starts November 25

## WEST KELOWNA RECREATION : **GUIDE** Think Active • Be Active



General Registration starts **November 25**  
JBMAC Swim for Life Lesson Registration starts **December 11**

## WINTER 2025



## WEST KELOWNA RECREATION : **GUIDE** Think Active • Be Active



[www.westkelownacity.ca/recreation](http://www.westkelownacity.ca/recreation)



## Come out and play!

Cross-Country Skiing, Biathlon and Snowshoeing



- ❄ Located just 10 minutes from downtown Westbank along the road to Crystal Mountain.
- ❄ 50km of expertly groomed cross-country ski trails for all abilities for both skate and classic skiing.
- ❄ Night skiing, dog friendly trail, 62km of snowshoe trails.
- ❄ Season passes, day passes, lessons and rentals of skate and classic skis and snowshoes.
- ❄ Cozy chalet and heated washrooms.
- ❄ Youth programs in cross-country skiing and biathlon for all ages and abilities.
- ❄ Additional programs for Masters, Special Olympics and local school groups.

Box 26072  
West Kelowna, BC V4T 2G3

Phone: 250-707-5925  
Email: gm@telemarknordic.com

[www.telemarknordic.com](http://www.telemarknordic.com)



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### NOW OFFERING CLASSES IN PEACHLAND

50+ Activity Centre  
5672 Beach Ave., Peachland

- \*\*Option 1 ~ Executive Tae Kwon Do for 55+**  
No impact, no sparring. Improve your balance, energy, flexibility, circulation, coordination and focus.  
The gentle path to learning an ancient art.  
5:30 - 6:30 Mon/Wed      \$65/month
- \*\*Option 2 ~ Traditional Tae Kwon Do for under 55's.**  
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Taught by certified 6<sup>th</sup> Dan Black Belt, Master Michael Smith.

Contact Glenna or Michael Smith: 250-768-8868

[westsidetkd@shaw.ca](mailto:westsidetkd@shaw.ca)

[www.facebook.com/westsidetkd](http://www.facebook.com/westsidetkd)

# Peachland Dental Centre

- Preventative Hygiene • Cosmetic Services
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778-760-3061  
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[www.peachlanddental.ca](http://www.peachlanddental.ca)



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The goal of early childhood education should be to activate the child's own natural desire to learn." MARIA MONTESSORI

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[mspattysmontessori@hotmail.com](mailto:mspattysmontessori@hotmail.com)

## COMMUNITY RECREATION THAT FITS YOUR LIFE!

- Public Swim • Wheelchair Accessible Pool • Lane Swim
- Swim for Life Lessons • Advanced Aquatic Training
- Early Childhood, Children & Adult General Programs
- Land/Aqua Fitness Classes • Yoga • Spin Blaster
- Weight Room • 10 Atlantis Weight Stations • Free Weights



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**Memorial Aquatic Centre**

3737 Old Okanagan Hwy, West Kelowna

**778-797-POOL (7665)**

[www.WestKelownaCity.ca/pool](http://www.WestKelownaCity.ca/pool)



*Swim Safe...Get Fit...Be Active...*

# 2025

Peachland Business & Residential

## TELEPHONE DIRECTORY!



# EMAIL JOANNE

to reserve your spot!

[peachlandpublications@gmail.com](mailto:peachlandpublications@gmail.com)

## Peachland United Church & Bargain Bin Thrift Shop

4421 4th Street  
250-767-2206

Church Sanctuary  
Sunday Service 10:00 am  
[www.peachlandunited.ca](http://www.peachlandunited.ca)

Bargain Bin Thrift Shop  
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Open Noon to 3:00 pm  
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*Donations accepted during business hours.*



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Jodie Taylor

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# PEACHLAND COMMUNITY CENTRE

Located at 4450 6th Street

## Facility Features:

- Wheelchair accessible
- 25 round tables (5')
- AED
- Commercial kitchen
- 250 chairs
- Shower facilities
- 50 rectangular tables (8' x 2.5')

## Banquet Room (36 ft x 47 ft)

Maximum capacity: 118

*(Capacity varies depending on event set up)*

- Access to commercial kitchen
- Catering supplies

## Main Room (92 ft x 68 ft)

Maximum capacity: 518

*(Capacity varies depending on event set up)*

- Catering supplies for 250 people
- Stage
- Access to commercial kitchen & bar area



**FACILITY RENTALS**

# PEACHLAND LITTLE SCHOOLHOUSE



Located at 1898 Brandon Lane, the Peachland Little Schoolhouse is operated by the Peachland Little Schoolhouse Society. It combines a quaint old-fashioned atmosphere with up-to-date facilities.

Maximum capacity: 123

*(Capacity varies depending on event set up)*

## Facility Features:

- Wheelchair accessible
- Small kitchenette
- Refinished fir wood flooring
- Outside paved terrace
- 50 chairs & 6 tables
- Wisteria-covered patio and outside paved terrace

## Rates and availability:

**Linda 250.767.6446**

# THE PEACHLAND HISTORIC SCHOOL



## FACILITY RENTALS

Our school for Peachland arts, culture and ecology located at 5684 Beach Ave, the Peachland Historic School is home to Our Space, which includes a gift shop featuring local artisans, BGC Okanagan and the Peachland Art Gallery. The 1908 primary school had been home to generations of children in Peachland until it closed in 2002. This rejuvenated iconic community asset provides space for local children and youth programming as well as an accessible location for recreation, arts, cultural and social programming for all ages. Community rentals are also available.

### Facility Features:

- Our Space & Artisan Gift Shop
- Peachland Youth Centre
- Yuma Myotis and Little Brown Myotis Maternity Roost
- Peachland Art Gallery in the Mary Smith Hall
- Community meeting/program space

## PEACHLAND ART GALLERY



Located in the Mary Smith Hall at the Peachland Historic School, the Peachland Art Gallery is a volunteer artist-run community gallery hosted by the Peachland Community Arts Council (PCAC). The Arts Council is dedicated to providing this beautiful space to local and regional artists. This all-inclusive space welcomes displays by painters, photographers, sculptors, fabric artists, potters, dancers, singers and more. Musical performances, literary readings and other art-related events are hosted throughout the year. Art-related rentals will be considered by the PCAC upon request. Everyone is welcome. Donations gratefully accepted.

### Mary Smith Hall

Maximum capacity: 50

*(Capacity varies depending upon event set up)*

### Rates and availability:

**250.767.7422**

[www.peachlandarts.ca](http://www.peachlandarts.ca)

# BGC OKANAGAN



Located in the Peachland Historic School, the BGC Okanagan is home to the Peachland Youth Centre. For child and youth program information, see p. 8 & 9.

## Community Room

Maximum capacity: 48  
(Capacity varies depending upon event set up)

**Rates and availability:**  
**250.767.2515**

# PEACHLAND CHAMBER OF COMMERCE BOARDROOM

Located in the heart of Peachland at 5878C Beach Ave, the board room is bright and can accommodate up to 24 people.

## Rental Includes

- Privacy and security with key pad access
- 24/7 access - choose a time that suits you!
- Ability to configure set-up to suit your needs
- Bring in your caterer of choice
- Complimentary Wi-Fi
- Complimentary whiteboard and pens
- Access to onsite kitchenette and bar
- Online booking available

**Rates and availability:**  
**604.812.8738**

[www.peachlandchamber.com](http://www.peachlandchamber.com)



# 50+ ACTIVITY CENTRE

Located at 5672 Beach Ave, the 50+ Activity Centre is operated by the Peachland & District Retirement Society, offering programs for the enjoyment and well-being of its members as well as offering the facilities to the community for rental.

Maximum capacity: 235  
*(Capacity varies depending upon event set up)*  
 Theatre-style: 200  
 Banquet-style: 120  
 Meeting-style: 170

**Facility Features:**

- Commercial kitchen
- Catering supplies for 150
- Stage
- Bar area
- Dance floor
- House sound system
- Stage lighting
- Wheelchair accessible

**Rates and availability:**  
**250.767.9133**



## JOIN OUR TEAM! BECOME AN EVENT VOLUNTEER



Becoming a volunteer is a rewarding and enjoyable way to give back to the community and create year round fun for all ages. If you would like to become an event volunteer, please email us at [recreation@peachland.ca](mailto:recreation@peachland.ca) or call 250.767.2133

**For more volunteer opportunities, check out the Community Directory on p. 29 of this guide for a list of service clubs and organizations.**

PARK NAME	DOG WELCOMENESS				FEATURES
	DOGS WELCOME ON-LEASH	DOGS WELCOME OFF-LEASH	PASSIVE/SOFT ACTIVE	ACTIVE	
<b>13th Street Viewpoint</b> Beach Ave & 13th St	✓		✓		• Swimming • Picnic Area • Spirit Square • No Boats in Swimming Area • Outdoor Music Equipment
<b>Boat Launch</b> Beach Ave & 8th St	✓		✓		• Boat Launch (No Overnight Parking)
<b>Burdekin Lane</b> Buchanan Rd	✓		✓		• Undeveloped Walkway • Picnic Area • Beach Access
<b>Cenotaph Park</b> Beach Ave & 2nd St	✓		✓		• Memorial • Scenic • Walkway • Flower Bed
<b>Centennial Park</b> Cenotaph to Swim Bay	✓		✓		• Memorial • Scenic • Picnic Area • Beach Access • Benches
<b>Chevallier Park</b> Desert Pines Ave & Coldham Rd			✓		• Neighbourhood Park • Picnic Area • Playground
<b>Cousins Park</b> Beach Ave & 6th St				✓	• Sports Field • Softball Diamond • Washrooms • Summer Concession Nearby
<b>Cove Beach (Davis Cove)</b> Beach Ave N	✓		✓		• Beach Access • Swimming • Sandy Area • Scenic
<b>Doggy Beach T-Boat Launch</b> Hwy 97 & Princeton Ave	✓	✓	✓		• Boat Launch • Breakwater • Swimming • Picnic Area • Scenic • Partial Fenced Dog Area
<b>Eagles View Trail</b> Ponderosa Dr	✓			✓	• Wilderness Park • Hiking
<b>Elizabeth Warrendorf Trail</b> Renfrew Rd to Bulyea Ave	✓			✓	• Undeveloped Trail
<b>Forest Hill Drive Park</b> Forest Hill Dr	✓			✓	• Wilderness • Hiking
<b>Gillam Crescent Park</b> End of Gillam Cres	✓		✓		• Undeveloped Neighbourhood Park
<b>Heritage Park</b> Beach Ave across from Museum			✓		• Spirit Square • Picnic Area • Benches • Washrooms • Playground • Splash Pad • Totem Pole/Pavilion • Bat Interpretive Trail • Wheelchair Accessible Fishing Pier
<b>Knoblauch Park</b> Elliott Ave			✓		• Neighbourhood Park • Picnic Area • Playground
<b>Lambly Park</b> Hwy 97 & San Clemente Ave	✓			✓	• Walkway (Paved Path) • Picnic Area • Tennis & Pickleball Courts • Skate Park • Outdoor Fitness Equipment
<b>Lang Trail</b> Trepanier Bench Rd	✓			✓	• Active transportation route linking Lang Road with Trepanier Bench Road
<b>MacKinnon Park</b> MacKinnon Rd & Upton Rd	✓	✓		✓	• Wilderness Park • Hiking
<b>Morrison Park</b> Morrison Rd			✓		• Neighbourhood Park • Picnic Area • Scenic • Playground
<b>Mountain View Park</b> 5380 Princeton Ave	✓			✓	• Wilderness Park • Hiking • Winter Ice Rink
<b>Riding Club</b> Princeton Ave & Law St	✓			✓	• Clubhouse • Riding Area

PARK NAME					FEATURES
	DOGS WELCOME ON-LEASH	DOGS WELCOME OFF-LEASH	PASSIVE/SOFT ACTIVE	ACTIVE	
Sanderson Park 5900 Sanderson Ave	✓	✓	✓		• Wilderness Park • Hiking
Stairway to Heaven Victoria St at Gladstone Cres	✓			✓	• Wilderness • Access Via Stairs (Long) • Scenic
Strachan's Corner 8th-13th St	✓		✓		• Boat Launch • Swimming • Picnic Area • Scenic • Dogs may swim off-leash but must be on-leash on the shore *Dogs in designated areas only
Swim Bay Beach Ave & 6th St				✓	• Swimming/Swim Lessons • Concession/Picnic Area • Wharf/Diving Board • Zip Line/Rope Swing • Lifeguards • Washrooms • Wheelchair Lake Access and Aquatic Mobility Devices
Trepanier Bay Beach Beach Ave & Todd Rd	✓		✓	✓	• Sandy Beach • Boat Launch • Swimming Area • Washrooms
Trepanier Linear Park Beach Ave & Todd Rd	✓		✓		• Creekside Waterway • Benches • Information Kiosk • Outdoor Fitness Equipment
Turner Park Turner Ave	✓			✓	• Undeveloped Neighbourhood Park
WA Lang 6th Ave & Pincushion Pl		✓		✓	• Wilderness Park • Hiking • Access to Regional District and Crown Land access to Pincushion Mountain *Dogs on-leash required outside District boundary
York Trail York Ln	✓			✓	• Active transportation route linking York Lane with the Peachland Cemetery



## Park Rentals

### COUSINS PARK

Beach Ave & 6th St

### LAMBLY PARK

Hwy 97 & San Clemente Ave

### RAY KANDOLA HERITAGE PIER

Beach Ave across from Museum

### ROTARY CENTENNIAL PAVILION & HERITAGE PARK

Beach Ave across from Museum

### FOR PARK FEATURES AND RENTAL INFORMATION:

Visit [www.peachland.ca/park-and-facility-rentals](http://www.peachland.ca/park-and-facility-rentals), email [recreation@peachland.ca](mailto:recreation@peachland.ca), or call 250.767.2133



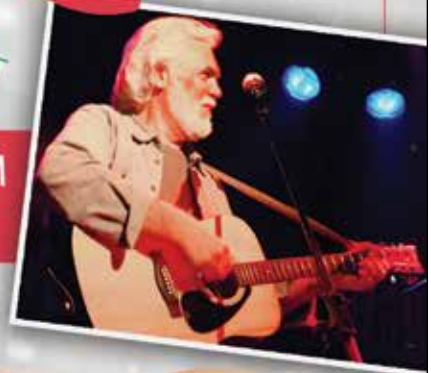
EVERYONE WELCOME • **FREE** • ENJOY GOODIES & MUSIC

# Christmas Social

WITH  
Marty Edwards

FRIDAY, DECEMBER 20TH • 9-10 AM & 10:30-11:30 AM  
Peachland Community Centre 4450 6th Street • 250-767-2133

*Join Marty for a very special Christmas Celebration as he performs Seasonal & non-Seasonal favourites.*



## 10th Annual Christmas Tree Chipping for Charity

Free Hot Chocolate & Fire Trucks on Display

**Date:** January 4, 2025  
**Time:** 10 am – 2 pm  
**Location:** Peachland Community Centre

The Peachland Fire and Rescue Service will be offering Christmas Tree Chipping and Disposal by donation. In addition, for a minimum donation of \$5.00 the Fire Department will come to your home and pick up your tree for disposal.

Please contact the Peachland Fire Dept. for pick up and donation information (E-transfers available). Phone (250) 767-2841 or via email [fireclerk@peachland.ca](mailto:fireclerk@peachland.ca)

*Residents are reminded to remove all decorations and tinsel before your tree is picked up.*

All proceeds will be going to Muscular Dystrophy Canada.

Please take advantage of this environmentally friendly service and your donation will go to a worthy cause.

# Dash and Splash on New Year's Day!

## Polar Bear Walk or Run - all ages

Get your New Year's resolutions to be active off to a great start! Choose between 3K or 6K distances. 9:30-10:15 am check-in/waivers.

Community Ctr

WED 10:30 am Jan 1

Adults 13 Years+ #6206	Children 6-12 Years #6205
\$13 Sep 17-Dec 1	\$6 Sep 17-Dec 1
\$16 Dec 2-15	\$8.50 Dec 2-15
\$20 Dec 16-Jan 1	\$10 Dec 16-Jan 1

\*CASH ONLY ON EVENT DAY  
Children under 6 are FREE

## Polar Bear Swim - 6 years +

Celebrate the New Year with a splash into Okanagan Lake. This event is free, but pre-event check-in is required from 12:00-12:45 pm.

Community Ctr

WED 1:00 pm Jan 1

FREE

To register, visit  
[peachland.ca/polarbear](http://peachland.ca/polarbear)  
or call  
250.767.2133



# EVERY KID DESERVES THE CHANCE TO PLAY.

For over 15 years, Jumpstart has helped remove barriers to sport and recreation for kids across Canada, giving them the opportunity to participate in activities like hockey, gymnastics, swimming and more.

To learn more about how Jumpstart helps kids in your community play, visit:  
[jumpstart.canadiantire.ca](http://jumpstart.canadiantire.ca)



# Mountain View Park Ice Rink

The Seasonal rink is maintained by the amazing volunteers at Peachland Fire and Rescue. Rink availability is dependant upon the cooperation of Mother Nature.

Open daily as conditions permit from 7:00 am-10:00 pm.

## Features:

- 3 on 3 hockey rink
- Tot rink
- Rink lights

## Skating Etiquette:

- Helmets are strongly recommended
- Children under 8 must be supervised
- The tot rink is for leisure skating only – no rentals or team sports allowed
- Skating aids are allowed on the tot rink only



Please respect "Rink Closed" signage as any use will damage the liner and impact the future of the rink.



Location: 5380 Princeton Ave ~ For more information, call 250.767.2647

## Looking for some **FREE** activities in and around Peachland? **TRY THESE!**

- Skate at Mountain View Park
- Appreciate art at the Peachland Art Gallery
- Shred the Peachland Skate Park
- Kayak out of downtown
- Serve it up on the Pickleball court at Lambly Park
- Get Batty with BEEPS (Bat Educational, Ecological and Protection Society)
- Stand up paddleboard from Strachans Corner
- Ace it on the tennis courts at Lambly Park
- Get connected at the Peachland Wellness Centre
- Play some tunes at the 13th Street Pier
- Hike Pincushion Mountain
- Get active at the 50+ Activity Centre
- Watch the fish at Hardy Falls
- Cross country ski at Wilson Lake
- Get fit on Harolds' Walk
- Go fishing on the Ray Kandola Heritage Pier
- Play ball at Cousins Park
- Drop in to Open Gym Time with BGC Okanagan at the Community Centre
- Play with friends at Creative Playtime
- Ride your horse at the Peachland Riding Club
- Take a stroll on Centennial Walkway
- Experience history at the Peachland Museum
- Take a spin at Chevallier Park
- Remember at the Cenotaph
- Climb Stairway to Heaven
- Dive into Swim Bay
- Play fetch at Doggie Beach
- Enjoy the scenery on the Gladstone Trail
- Slide at Morrison Park

*\*\*The following programs are not affiliated with the District of Peachland or the Community Centre. The District of Peachland provides the following groups free advertising for their recreational, educational and cultural programs as a community service. If you wish to list your local group or program in the next Recreation Guide, please contact Ben at 250.767.2133.*

## EVENTS

### HEARTS FESTIVAL

A week-long festival celebrating our love of all art forms! Literary, performing and visual events are planned. The Artisans Showcase will be featured at the Community Centre Saturday & Sunday. Everyone welcome! Please visit [www.peachlandarts.ca](http://www.peachlandarts.ca) for details.

*Various venues*

M-Su All Day Feb 10-16

### FAMILY DAY

Free Family day movie and fun. Big screen movie, games, goodies, face painting and more! For more information call 250-767-2133.

*Peachland Community Centre*

Mon 1:00 - 3:00 pm Feb 17

### INTERNATIONAL WOMEN'S DAY

Details TBD. Check the Peachland Community Arts Council's website for updates at [www.peachlandarts.ca](http://www.peachlandarts.ca).

*Our SPACE*

Sat Mar 8

### ST. PAWTRICKS DAY DOG PARADE

Bring your dog for a dog parade, vendors and fun. Everyone welcome. Call 778.479.2843 for more information.

*Community Ctr parking lot*

Sat 11:00 am Mar 15

### WORLD WATER DAY

Join the Peachland Watershed Protection Alliance to recognize the World Water Day Campaign led by the UN-Water Expert Group on Climate Change and water. The theme for 2024 is Groundwater: Making the Invisible Visible. The event features a film and open house. For more information call 250-767-6456.

*50+ Ctr*

Fri 4:00 - 7:00 pm Mar 22

### BGCO EASTER EGG HUNT

Hop down for the Annual Easter Egg Hunt. Bring your basket. For more information visit [www.bgco.ca](http://www.bgco.ca)

*Cousins Park*

Sat 11:30 am-12:30 pm Apr 19

### RUBBER DUCKY RACE

Join us at Trepanier Creek Park located on Beach Ave and Todd Creek Rd. Hosted by Our SPACE. For more information contact Darlene at 250-212-0211.

*Trepanier Creek Park*

Sat 10:00 am - 2:00 pm Apr 13

## PROGRAMS

### PEACHLAND AMBASSADORS PROGRAM

Are you interested in being a Peachland Ambassador? Anyone interested in either being a candidate, junior ambassador or a little buddy can email Linda at [peachlandambassador@gmail.com](mailto:peachlandambassador@gmail.com).

### BGC OKANAGAN

Programs at the Peachland BGC include a preschool, after school program, recreation programs for children and youth and access to support services for at-risk youth. For more information, see p. 6 & 7 or visit [www.bgco.ca](http://www.bgco.ca).

### GIRL GUIDES OF CANADA

Enabling girls to be confident, resourceful and courageous. The Girl Guides of Canada continues to help girls and young women make a difference in the world. Contact Kirsty at 778-385-3675 or visit [www.girlguides.ca](http://www.girlguides.ca).

### 50+ ACTIVITY CENTRE

Located at 5672 Beach Avenue, the 50+ Activity Centre is operated by the Peachland & District Retirement Society and offers programs for the enjoyment and wellbeing of its members. Membership in the PDRS is \$25 per year and enables those 50 years of age and over to participate in all activities. The Centre is available for rental for such occasions as wedding receptions, dances, banquets, etc.; rates vary with times booked. For information on membership, activities or rentals, please call 250.767.9133 or drop in and pick up a schedule. Office hours are Monday, Wednesday and Friday 10:00 am -12:00 pm.

### PEACHLAND WELLNESS CENTRE

Provides programs and services for people of all ages in Peachland and connects people through support, education, information, referral and outreach. PWC values volunteers and collaborates with other community members, organizations and the District of Peachland. Call 250.767.0141.

Is your group or organization not listed, or do we need to update the contact information? We try to maintain an up-to-date directory both in the Recreation Guide and on the municipal website. We apologize for any errors or omissions. Please contact the Recreation Clerk at [rec-clerk@peachland.ca](mailto:rec-clerk@peachland.ca) with current information and we will ensure to update the directory in the next issue

## Arts and Culture

Friends of the Peachland Library Sandra 250-767-9076  
 Making Waves Mural Festival Madeleine 778-214-1999  
 Mixed Media Abstract Creatives Susan 250-767-6650  
 Okanagan Folk School Annabel 250-801-4323  
 Passion 4 Art Roberta 250-767-2054  
 PDRS 50+ Activity Centre 250-767-9133  
 Peachland Art Gallery 250-767-7422  
 Peachland Art Group Virginia 250-878-3261  
 Peachland Community Arts Council Deb 250-767-6796  
 Peachland Variety Singers Linda 250-767-6446  
 Pincushion Quilt Guild Erin 250-899-5215  
 We Art and Craft Here Heather 250-768-7824

## Children & Youth

Ambassadorial Society Linda 778-479-2843  
 BGC Okanagan Peachland Club 250-767-2515  
 Girl Guides of Canada Kirsty 778-385-3675  
 Greata Creek Camp Lee 250-767-9626  
 Peachland Wellness Centre 250-767-0141  
 The Bridge Youth & Family Services Jen 250-212-6353

## Churches

Baptist Church 250-767-9237  
 Maple Springs Bible Camp 250-767-2354  
 Peachland United Church & Bargain Bin 250-767-2206  
 St. Margaret's Anglican Church 250-767-3131

## District of Peachland

Burning Complaints After Hours 250-469-8577  
 Municipal Office 250-767-2647  
 Municipal Office After Hours 250-868-1621  
 Recreation Department 250-767-2133  
 Water/Public Works Shop 250-767-2108

## Facilities

Library 250-767-9111  
 Little Schoolhouse Linda 250-767-6446  
 Okanagan Boys & Girls Club Peachland 250-767-2515  
 Our SPACE 250-767-2455  
 PDRS 50+ Activity Centre 250-767-9133  
 Peachland Art Gallery 250-767-7422  
 Peachland Chamber of Commerce Darlene 604-812-8738  
 Peachland Food Bank *TEXT your message* 778-594-6312  
 Peachland Museum Don 250-767-3441  
 Peachland Visitor Centre 250-767-3441  
 Peachland Wellness Centre 250-767-0141

## Health and Wellness

Peachland Wellness Centre 250-767-0141

## Schools

Glenrosa Middle 250-870-5176  
 Mount Boucherie Secondary 250-870-5101  
 Peachland Elementary 250-870-5122

## Service Clubs

Masonic Lodge Bart 250-767-6245  
 Peachland Lions Club John 250-863-4988  
 Peachland Rotary Club Wendy 250-767-0256  
 Royal Canadian Legion Branch #69 250-767-9404

## Special Interest

BEEPS Emma 250-344-1745  
 Canada Day Parade Ray 780-915-8364  
 Central Okanagan Railway Modelers Don 250-767-3441  
 Farmers and Crafters Market Linda 250-317-0407  
 Friendship Club Cindy 250-801-9170  
 Friends of the Parrot Sanctuary Ray 250-767-9030  
 PDRS 50+ Activity Centre 250-767-9133  
 Peachland Classic Car Show Darlene 604-812-8738  
 Peachland Senior Citizens' Housing Society 250-767-0183  
 Peachland Seniors' Support Society Jodie 778-479-9669  
 Peachland Sportsmen Association AI 2 50-767-2287  
 Peachland Trekkers Eric 778-940-6573  
 Peachland Watershed Protection Alliance Society Taryn 250-767-6456  
 Peachland Wellness Centre 250-767-0141  
 Peachland Yacht Club Don 250-212-2266  
 Pentowna Marina Peter 250-878-0388  
 Sowers & Growers Garden Club Heidi - 778-871-4511  
 Trail of the Okanagans Society [trailokanagans@gmail.com](mailto:trailokanagans@gmail.com)

## Sports & Fitness

Adult Slo-Pitch Pam 250-859-0707  
 PDRS 50+ Activity Centre 250-767-9133  
 Peachland Classic Seniors Slo-Pitch Randey 604-928-1866  
 Peachland Edge Seniors Slo Pitch Rick 250-859-2655  
 Peachland Riding Club Jason 250-718-4550  
 Peachland Wellness Centre 250-767-0141

## Volunteer Opportunities

BEEPS Emma 250-344-1745  
 Canada Day Parade Ray 780-915-8364  
 Citizens Patrol 250-767-2623  
 Community Police Office 250-767-2623  
 Fall Fair Committee Linda 778-215-9204  
 Fire and Rescue Brigade Ian 250-767-3711  
 Friends of the Peachland Library Sandra 250-767-9076  
 Habitat for Humanity Kelowna and Restore 778-755-4346  
 Historical Society Don 250-767-3441  
 Okanagan Boys & Girls Club Peachland 250-767-2515  
 PDRS 50+ Activity Centre 250-767-9133  
 Peachland Watershed Protection Alliance Taryn 250-767-6456  
 Peachland Art Gallery Andrea 604-879-2265  
 Peachland Community Connects Shelley 250-212-2025  
 Peachland HUB Society Shelley 250-212-2025  
 Peachland Recreation Centre Sydney 250-767-2133  
 Peachland Recreation Community Events Ben 250-767-2133  
 Peachland Visitor Centre 250-767-3441  
 Peachland Wellness Centre 250-767-0141

# WE ARE HERE!

District of Peachland  
Recreation Office  
4450 6th Street, Peachland, BC V0H 1X6

Contact us by:  
Phone: 250.767.2133  
E-mail: [recreation@peachland.ca](mailto:recreation@peachland.ca)  
Web: [www.peachland.ca](http://www.peachland.ca)

Recreation Clerk  
Tamie Sanderson  
[tsanderson@peachland.ca](mailto:tsanderson@peachland.ca)

Recreation and Culture Technician  
Zoë Tittle  
[ztittle@peachland.ca](mailto:ztittle@peachland.ca)

Recreation and Culture Manager  
Sydney Clement  
[sclement@peachland.ca](mailto:sclement@peachland.ca)

Director of Community Services  
Cory Labrecque  
[clabrecque@peachland.ca](mailto:clabrecque@peachland.ca)



Peachland Recreation - Like our page to stay up-to-date on our events and programs



[@peachlandrecreation](https://www.instagram.com/peachlandrecreation)

## OFFICE HOURS:

### Winter Break Hours:

**December 23, 24, 27, 30, 31, Jan 2, 3**  
8:30 AM – 4:00 PM

### Winter Hours:

#### January 5 – April 30

Monday - Thursday: 8:00 AM - 8:30 PM

Friday: 8:00 AM - 5:00 PM

Sunday: 12:00 - 4:00 PM

### CLOSED:

December 25, 26, Jan 1, February 17,  
April 18, 20 and 21

# EARLY BIRD REGISTRATION

## PEACHLAND RESIDENTS

Register early with a confirmed Peachland address.  
Residents must provide valid photo ID before their first enrollment.  
Residents can register themselves and family members of the same household only.

## Registration starts:

**Residents only online – December 16, 8:30 am**  
**Residents only in person – December 16, 12:00 pm**  
**Non-residents online – December 17, 8:30 am**  
**Non-residents in person – December 17, 12:00 pm**

We encourage you to register early to avoid program cancellation.

## Register Today – 3 Ways to Register



### In Person

Cash, Cheque,  
Debit Card, Visa,  
Mastercard, or Amex



### By Phone

Visa, Mastercard, Amex and Debit  
250.767.2133 ext.1



### Online

Visa, Mastercard, or Amex  
[www.peachland.ca](http://www.peachland.ca)

\*Payment is due at the time of registration

## General Registration Information

- Appropriate program selection and registration are the responsibility of the person registering for the program.
- Participants can transfer from one program to another only if space is available.
- Prorated refunds will be issued at the time/date of notification. There is a 20% processing fee unless the withdrawal is accompanied by a statement from a medical doctor.
- All classes are subject to cancellation due to COVID-19, insufficient registration, instructor availability, inclement weather or non-availability of facilities. In these cases, a full or prorated refund will be issued.
- Class sizes are limited and are filled on a first-come, first-serve basis.
- Classes have both minimum and maximum numbers of participants required. Please register early.
- The District reserves the right to fill a registered session with drop-in spots 15 minutes after the regular start time.

## Customer Satisfaction

Your satisfaction is important to us. Should you be unsatisfied with a program or service we offer, a refund may be issued at the discretion of management.

# Recycling Guide

A Message from the Regional Waste Reduction Office

Good News! More items are now accepted for recycling.

## What Goes in Your Recycling Cart – Put these items loose in your cart, do not bag them

To the curb by 7am



Paper, envelopes, magazines, catalogues, paper bags



Cardboard and boxboard boxes



NEW

Shredded paper (put in paper bag or box and add to your cart)



NEW

Single use items such as plastic straws, plastic cutlery, paper party decor, paper plates



Paper and plastic drink cups and lids



Plastic packaging & food containers



Non beverage Gable-top and Tetra Pak cartons



Spiral-wound cans for chips, juice etc.



Frozen dessert boxes



Foil wrap, containers and plates



Metal cans and lids (with labels)



Empty aerosol cans (no paints, chemicals)



Plastic clamshells and trays

## Recycle at Depot Only – Do NOT put these items in your recycling cart, take them to a Depot for recycling only



Styrofoam containers, trays, packaging



Flexible Plastics: Plastic bags, overwrap, chip bags and snack wrappers, zipper bags and pouches, mesh bags, bubble wrap, **NEW** squishy foam packaging and more



Non-refundable glass jars and bottles

## What Stays Out of Your Recycling Cart – Leave these items out



NO Garbage



NO Hazardous Waste  
Take to a Recycling Depot



NO electronics, appliances  
Take to a Recycling Depot



NO soft or hard cover books  
Donate to charity



NO hard plastic toys, tote bins, laundry baskets  
Donate to charity



NO Tupperware containers  
Donate to charity



NO clothes, textiles  
Donate to charity



Regional Waste Reduction Office  
250.469.6250 [rdco.com/recycle](http://rdco.com/recycle)  
or download the Recycle Coach App

Scan Me for info!



# PEACHLAND RECREATION



*Inspiring active participation and community involvement*



**Learn to Weight Train**  
page 9

**Yoga and Beyond**  
page 10

**Zumba**  
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**Volleyball**  
page 11

**Kids and Parents  
Clay Class**

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**Creative Playtime**  
page 5

**Family Day Event**  
page 5



**Dash & Splash**  
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**and much more!**